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Illustration by Agnieszka Maszota Typeset by składka. Pracownia DTP Cover design by Muzzammil Musthafa Sabiyulla, Agnieszka Kluzik

ISBN 978-83-952702-4-6

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INTRODUCTION

After years of learning and teaching foreign languages I came up with a reflection: Why cannot excellent materials in one language be used to teach another language? How to create universal material for teaching different languages? By this publication I would like to fill this gap in the publishing market. The compilation of vocabulary at the basic level is aimed at the learners of any language. One notebook—thousands of languages—thousands of possibilities.

Do not be fooled by the inconspicuous design or content of Verbook. Each single illustration or page in this Workbook has been carefully thought out. Non-linear notes are brain-friendly, as we think rather by means of images not text. Each page has its own composition, so the layout is not repeated, hence our brain can remember the vocabulary more easily. Every page is unique, which helps it to be remembered. A word connected with an image helps us to anchor it in memory. When we combine those techniques with spaced repetition, it is easy to learn any new language.

The lexical content of Verbook part one and Verbook part two include vocabulary which meet the requirements of vocabulary for A1 and A2 for Certificates according to The Common European Framework of reference for Languages.

Verbook is not a single source of knowledge when it comes to learning a foreign language. However, it may supplement a text book and/or teacher. It can be used to revise vocabulary; as a worksheet during the class; test your vocabulary of each topic or can be used as a vocabulary notebook.

I have spent years on analysis and improving my methodological approach to the most effective way of learning foreign languages. My journey with Verbook part one is finished. Now it is time you started yours. Although it will never be short nor easy I hope you will enjoy it. Good luck!

– Eliza Illukiewicz

STRUCTURE

Each chapter is one topic section which consists of worksheets with a suggested range of vocabulary on specific topics. The scope of vocabulary in the first and second part of the *Verbook* overlaps with the vocabulary required for the beginner level A1-A2 specified by the Common European Framework of Reference for Languages: Learning, Teaching, Assessment (CEFRL).

HOW TO USE THE VERBOOK?

Your task is to write (with the help of a dictionary, a textbook, a repository or another source) basic words and phrases related to a given illustration. Don't limit yourself to nouns or verbs. An important role in learning a foreign language is played by collocations and chunks, i.e. combinations of words that we usually say next to each other, e.g. walk a dog, go for a walk, do homework, etc.

An important part of each worksheet and chapter is the empty space for notes. You can use it to add missing vocabulary, write short sentences or arrange dialogs or just write your own notes on a given topic.



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